

DUNCAN WEAVER'S 10 GOLDEN RULES FOR SPIRITUAL WELL-BEING: (1950)

1. Pray each day. Thank the Lord for what you have. Be modest in what you ask for, and He will, with charity and love, shower you with an abundance far beyond your needs and expectations.
2. Forever keep the words *love* and *understanding* in the vision of your mind. To love and to understand are the happiest of all human adventures.
3. Seek to do the will of the Lord not because of fear but because of the joy that it brings and the good that it accomplishes.
4. Never permit your religion to convert you into a moral prude or a spiritually egotistical self-satisfied individual who feels that humanity is divided into two groups, the good and the bad, the white sheep and the black sheep. We are so frequently, as the result of our own weaknesses, change color so readily.
5. Sustain yourself in faith and hope because these are the spiritual attributes that lead to sovereign life.
6. Let the Spirit of the Lord condition all your actions. Things done in the Spirit of the Lord are things done in righteousness and reap but one harvest, the glorious harvest of happiness.
7. Be charitable in attitude and conduct. Charity is the diplomacy of the Gods. It is the mainspring of human relations.
8. Always remember that He who created you understands and knows you better than anyone else ever could. Consequently your God is your authority whose counsel you should constantly seek.
9. Religion is the eternal science. It contains the keys to who you are and what you might become. Consistently seek to enhance your life and the lives of your loved ones by diligent recourse to its laws and principles.
10. And this is the promise: "Therefore whosoever heareth these sayings of mine and doeth them, I will liken him unto a wise man, which built his house upon a rock; and the rain descended and the floods came, and the winds blew, and beat upon that house; and it fell not; for it was founded upon a rock."

* * *